



DEER PARK

newsletter

THURSDAY 28TH MARCH 2024

ISSUE 12

HEADTEACHER'S HELLO!



As we come to the end of another term, I want to take a moment, on behalf of the team here at Deer Park School, to thank you for your continued support and partnership in your child's education journey.

This term has been filled with learning, exploration, and valuable experiences for our students. Your active involvement, whether it's attending parents evening, volunteering for careers sessions, or supporting your child's learning at home, has played a crucial role in their success.

As we all look forward to the upcoming break, I encourage you to take this time to rest, recharge, and enjoy quality moments with your family. Reflect on the achievements of your child and celebrate their efforts, big or small.

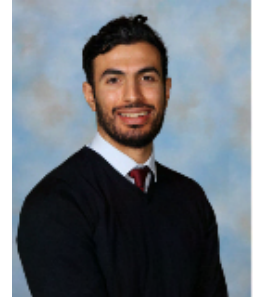
We look forward to welcoming the students back into school on Monday 15th April.

Wishing you and your family a relaxing Easter break.

Best wishes,

Mr Jones

MEET MR. SHOUSHTARI



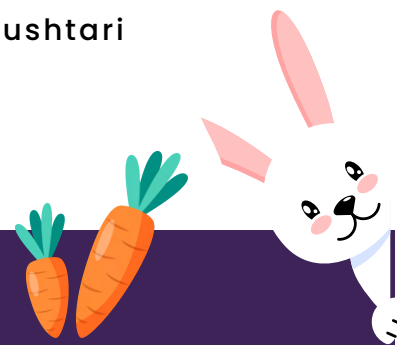
I'm Mr. Shoushtari, your science teacher who joined the Deer Park School family this academic year. Since September, I've been teaching the world of science with you all, and I must say, the passion and curiosity you bring to our lessons are truly inspiring!

Running STEM and Chess clubs has allowed me to engage with students outside of the classroom and learn their interests. These clubs are buzzing with excitement so, if you haven't joined yet, make sure you have a try at them.

On the weekends, you'll find me training for a half marathon. And when it's time to relax I'm cheering on Arsenal football club with all my might. I am also learning Spanish on Duolingo and have a 197-day streak going!

As we approach the Easter break, I encourage every one of you to take some well-deserved rest. Recharge your batteries, indulge in some fun activities, and come back refreshed and ready to tackle the rest of the school year! Wishing you all a joyful Easter break.

Mr. Shoushtari



YEAR 7

Team 2028 complete another successful term at Deer Park School! From smashing sporting fixtures to seeing the animals at Marwell Zoo and from preparing to audition for Matilda to creating realistic tudor buildings in History, it has been an absolute pleasure to watch Year 7 grow as a cohort and keep making huge strides in the school community. You continue to make us incredibly proud.

I hope that you all have a restful Easter break with those closest to you, and that you return fully rested for a jam-packed summer term!

Kind wishes,
Mrs Wilson

YEAR 8

Time once again seems to have flown with Year 8 gaining another term under their belts. In assembly this week, several students appeared genuinely shocked when I told them they were $\frac{1}{3}$ of their way through secondary school. Time itself was the order of the day last week when the Year Group learned about how time has been measured through the ages, as well as how time travel can happen on the International Space Station as part of British Science Week. With GCSE Pathways choices now completed, I hope Year 8 can give themselves some time over the holiday to relax and come back ready to continue their hard work in the summer term.

All the best,
Mr Gregory

YEAR 9

We've had a fantastic end to the Spring term, with the Year 9 football team winning their league, meaning they are promoted to the top division for the next academic year - a great achievement boys, well done! On top of this, we have seen the 'Restart a Heart' session for all Year 9s as well as the Parents' Evenings which have covered the past 2 weeks. This was a great chance for you to speak to your child's teachers about their progress, and a great time for them to take stock of the progress they have made this year and to make any tweaks in time for the Summer term.

I sincerely hope you all enjoy a well-earned Easter break and come back fully charged and ready for the challenges that await in your last term of Year 9.

Kind regards,
Mr. Smith



SUBJECT SPOTLIGHT: DRAMA



At Deer Park, we strive to have a broad and balanced curriculum, and I am delighted that Drama is a part of that. The students across all years have been looking at various skills and techniques to become a successful actor, but have also begun delving into the design and technical aspects of theatre. Throughout their learning journey, the students have been learning key skills such as analysing and evaluating performance, along with developing their confidence and communication skills. The Drama curriculum aims to teach all aspects of Drama, making sure all students have the opportunity to explore different realms of theatre and the different skills that it can subsequently provide them with.

It is also important to add that the school show has now launched! The school production is *Matilda*, and I feel extremely privileged to be directing Deer Park's first school production. The creative team and I have been working very hard behind the scenes to prepare for the launch and we are very excited to get started.

YR 7 CURRENT LEARNING

Year 7 are currently looking at a play called 'Blue Remembered Hills' by Dennis Potter. The play is about a group of young children during WWII. Through the use of script work, the students have been building on their vocal and physical skills to develop characters. Additionally, they have been looking at how their skills can be used to create status on stage. 'Blue Remembered Hills' has a clear theme of status throughout which focuses on the hierarchy in groups of children. After half term, they will be experimenting and developing their physical skills further, through the style of Physical Theatre.

YR 8 CURRENT LEARNING

This half term, Year 8 have started looking at roles and responsibilities within the theatre. They have been looking at the different job roles within a theatre setting and exploring these roles responsibilities. It is crucial that students have an understanding of the different roles within the theatre, so that they are not restricted to narrow thinking about the arts. Additionally, those who choose GCSE Drama will require an understanding of these roles in order to analyse theatre. The students have been studying the role of a costume designer and set designer, practically exploring what each of these roles add to a performance and what messages design can communicate to an audience.

YR 9 CURRENT LEARNING

Year 9 have been practically exploring the text *DNA* by Dennis Kelly and have recently performed the entire play to their peers. This was extremely successful and a pleasure to watch! Not only were the group developing their performance skills, but the group grew as a cohort creating stronger relationships. This is something absolutely crucial to their GCSE journey. Year 9 are now deep into the theory side of the GCSE, looking at how to review live theatre. Following their trip to see 'Oh What A Lovely War', the students must now learn how to analyse and evaluate theatre. Their focus currently is on design elements, including, set, lighting, sound, and costume.



IET FARADAY CHALLENGE

On Monday 18th March 11 Year 8 students took part in the IET Faraday competition at Wildern School. During the day our two teams competed to invent a product to solve a brief. The students were solely in charge of designing, developing, building, testing and presenting their invention and the resilience of each group was exceptional! During the day the students were given a budget to buy the parts to build their prototype and they all managed their money brilliantly. Once they had built their prototype each group presented their idea to the judges as if they were real engineers and all demonstrated excellent public speaking!



STUDENT FOCUS GROUP UPDATE!



ECO FOCUS GROUP – SHOW YOU CARE, SPARE THE AIR!

Eco focus group this term have worked together with SusTrans (A sustainable transport initiative run by Eastleigh council) to start our campaign. We're calling it 'Show you care, spare the air'. Eco focus group consists of a group of Deer Park students who want to help make a difference in and around our community.

As of the beginning of 2024, Eco Focus group started a campaign to spread awareness about the multiple causes of poor air quality. We have also noticed that our school often has many cars idling on Sika avenue while waiting to pick up/drop off students. Idling is when a car or vehicle is parked or waiting but has its engine turned on. 1 car idling for only 1 minute releases 150 balloons worth of toxic gas into our air! Where possible students should not be getting dropped off/picked up but where it can't be avoided we please ask you to switch your engines off while waiting, it can and will make a difference to our air quality.

*Show you care,
Spare the air!*

1 car that is idling for
1 minute releases
150 balloons worth of toxic
gases into the atmosphere

If you are parked outside
of school waiting for your
children, please **turn your
engines off** to protect the
environment around us!



After recent scientific studies and investigation on our site, we have realised that air quality and levels of dangerous toxic gases are significantly worse in the locations that cars are idling. Air quality plays an integral role in our lifestyle and it can majorly affect us if the quality is poor, especially young people as their lungs are growing, we must work together to support the environment in the community and protect our own health.

Thank you for supporting Deer Park Secondary School with this ongoing project.

Kind regards,
Eco Focus Group

Written by Amelia U, Pandora D, Adaora O and Henry D.





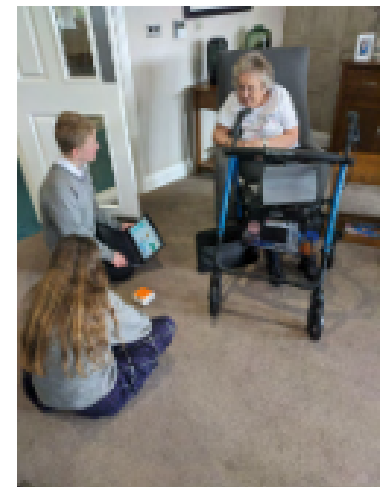
STUDENT FOCUS GROUP UPDATE!



DEER PARK TV FOCUS GROUP UPDATE

Members of the Deer Park TV Focus Group visited Snowdrop Care Home last week, and took along some tech to show the residents. The pupils showed them how our robots work, and many had a go at coding them themselves.

The pupils also brought along some Augmented Reality headsets, which allowed the residents to snowboard, visit various cities, and even ride space roller coasters, all from the comfort of their chairs!



RIGHTS RESPECTING COMMUNITY & DIVERSITY FOCUS GROUP UPDATE

Members of the both the RRC and diversity focus group have been busy writing lots of tutor sessions linked to the protected characteristics and diversity awareness days. Some of the Diversity Focus Group also attended the second Equality & Rights Advocate (EARA) conference at Aldworth School. They already have plans about some of the work they would like to do at Deer Park next term!



A HUGE THANK YOU AND WELL DONE TO ALL STUDENTS THAT ARE INVOLVED IN THE FOCUS GROUPS!

PHYSICAL EDUCATION & SPORT UPDATE

RECENT FIXTURE HIGHLIGHTS:

Our Year 8 Netballers have been participating in the Southampton schools netball league with Miss Andrews at Redbridge on Tuesdays after school. Thank you to Miss Macdonald for supporting the PE team this term with training the team in preparation for these events!



On Wednesday 20th March 19 of our Year 7 Boys Football players took part in 2 friendly games at Deer Park vs Swanmore. Well done to all of those who participated and fellow peers that came to support the team.



Furthermore, on Wednesday 20th March our Year 7 Girls Netball team participated in the Eastleigh and Winchester Schools Netball tournament at Deer Park. The team finished 2nd Place and have qualified for the Hampshire schools tournament on Wednesday 27th alongside our trust school Wildern. Good luck to both teams!



HOUSE SPORT

Some great competitions took place on Tuesday and Wednesday seeing the following houses crowned champions;

Football Champions 2024 - ELK & FALLOW
Basketball Champions 2024 - ELK



YEAR 9 FOOTBALL SUCCESS



A great season has come to a close with a top of the table finish that we are exceptionally proud of. We took on Woodlands in the semi final of the Southampton schools cup on Monday 25th March but were unfortunately beaten 3-2.

Year 9 football team receives applause in Assembly - top of the table!

GCSE PE

A self study quiz has been uploaded on google classroom for year 9 students to complete. Many have used this already to support their preparation for an end of term topic test.

Quick fire questions to support your child's learning

- 1 How many components of fitness can you name e.g. Agility
- 2 What is the fitness test for muscular endurance (seen in photo)



Year 9 GCSE Students completing the muscular endurance test, can they remember the name?

FIRST AID

Spring is very much on its way and we hope it starts to bring the warmer weather too! We encourage all students to bring a refillable water bottle to school with them, to help keep them hydrated throughout the day. We are seeing an increasing number of students visiting the medical room with headaches and/or dizziness that have not brought/had a drink during the day.

We do not have cups for students to use unless they are taking medication. Bottles of water can also be purchased for £1 (plain) or £1.20 (flavoured) at break and lunchtimes (plain water comes free with a meal deal).

With this in mind, PE lessons will start to move outside, so having a filled water bottle would be advised alongside a hat and sunscreen when the weather gets hotter.

A reminder about medication in school - we are happy to take prescription and over the counter medication but must have a permission form completed before hand. All medication should be handed to the school office for health and safety reasons, and not carried in student's bags/pockets. If your child needs to keep medication in school, please email firstaid@deerparksecondary.org before you fill in the form. A confirmation email will be sent to you once medication has been taken by your child(ren).

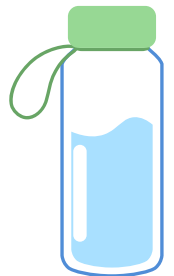
Relevant year group forms can be found here:

[Year 7](#)

[Year 8](#)

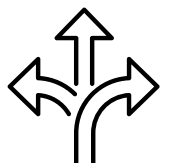
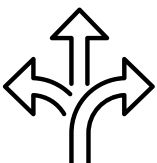
[Year 9](#)

If your child(ren) sustains an injury that will prevent them from doing PE/Dance or will limit their mobility, please email firstaid@deerparksecondary.org where we will explain in further detail how we can assist them whilst in school. A number of adjustments can be made to aid their recovery.



YEAR 8 PATHWAYS

Thank you for all your support during our year 8 pathways process. After Easter your child's choices will be sent home for you to check what they entered is correct please let us know if there are any issues. Although we will try our best to accommodate all choices unfortunately as previously discussed it isn't always possible for all students to receive their top 3 choices. We will send a confirmation letter around May half term detailing each student's confirmed pathways.





RESTART A HEART DAY



On Friday 15th March all year 8 & 9 students took part in a 'Restart a Heart' day delivered by student Paramedics. They learnt vital life saving skills of CPR and how a defibrillator works. They had a chance to practice on the dummies to a variety of songs that taught them the correct rhythm to administer CPR to. As well as this they also learnt the recovery position and when to use it. A huge thank you to the Paramedics who volunteered to come into school and deliver these sessions and a huge well done to all students! A future date will be booked for all of year 7 to complete the same training.




YEAR 9 EXAM SUPPORT

Following this weeks Exam Support Session for parents, here are the links and slides for any parents that couldn't make it.

Exam Support

*If an exam runs into the next period students will go to their normal lesson once the exam is finished


Deer Park School

	Monday 29 April	Tuesday 30 April	Wednesday 1 May	Thursday 2 May	Friday 3 May
P1	Maths Non-Calculator 60 minutes	Normal lessons	History Paper 1 60 minutes	English Paper 1 90 minutes	Normal lessons
P2	Normal lessons	Normal lessons	Normal lessons	*Normal lessons	Normal lessons
Break					
P3	Geography Paper 1 70 minutes	Maths Calculator Paper 1 60 minutes	Normal lessons	Normal lessons	Science Paper 1 75 minutes
P4	*Normal lessons	Normal lessons	Normal lessons	Normal lessons	*Normal lessons
Break					
P5	Normal lessons	Normal lessons	Maths Calculator Paper 2 60 minutes	Normal lessons	Normal lessons

 **ASTRELLA**
ACADEMY OF FOOTBALL
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TOYNBEE SCHOOL
CHANDLERS FORD

WEDNESDAYS | 5.55PM - 7.30PM

TRIALS NOW OPEN

**UNDER 13'S, UNDER 12'S, UNDER 11'S,
UNDER 10'S, UNDER 9'S & UNDER 8'S**

By invitation only following a successful trial period
*Unique, attention to detail coaching that doesn't interfere
with your current football commitments*

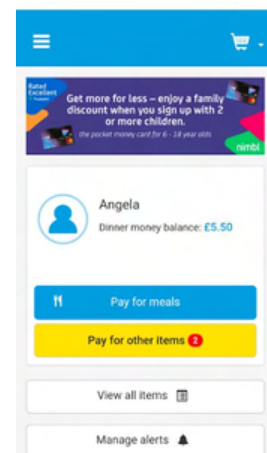


To register your child for a trial email us today
astrellafootball@gmail.com

www.astrellacoaching.co.uk

PARENT PAY

Could parents please set up 'Alerts' on your Parent Pay account to notify you when your child's balance is low. This will help reduce the number of telephone calls home to parents. Thank you for your understanding and co-operation.



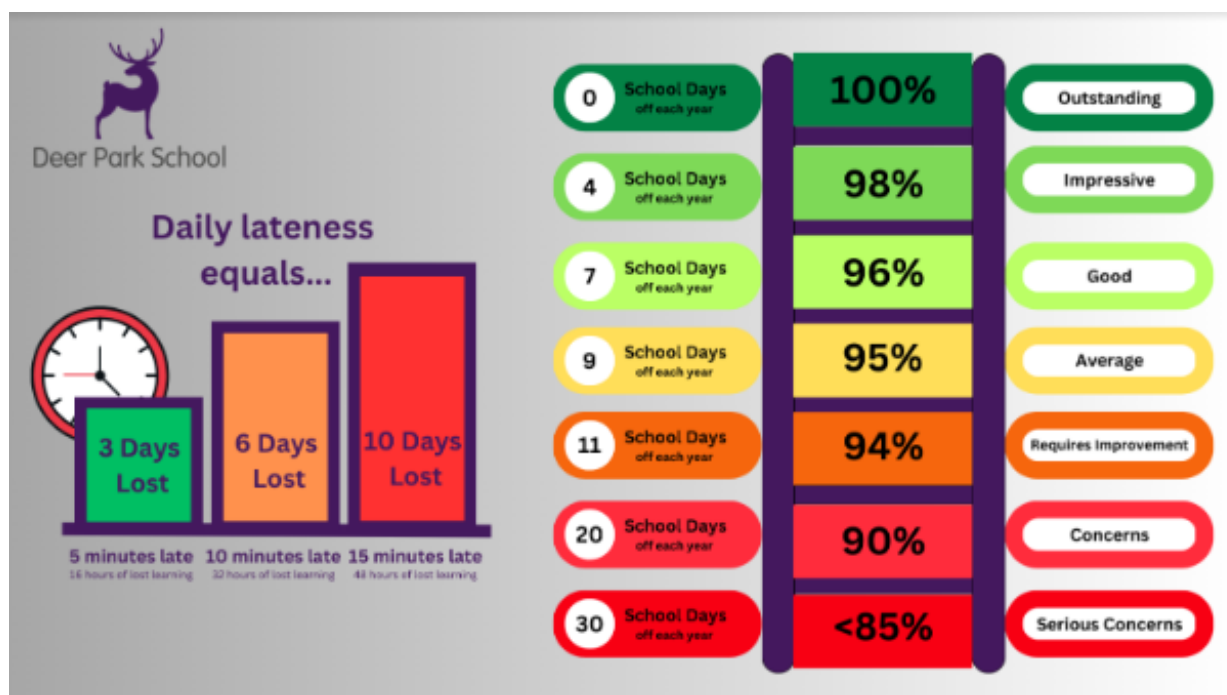
SPRING IS IN THE AIR!

Please enjoy these photos that Mrs Hoiles and one of our student groups have taken around the school site to highlight the spring bulbs they have planted and other things that have noticed around site that indicate Spring is on it's way!



ABSENCES

Please, where possible, could you contact us before 8.30am if your child is unable to attend school. Absences can be recorded via the Insight App or by e-mailing absence@deerparksecondary.org. Alternatively please call the school on 01489 351100 and select option 1 to report your child absent.

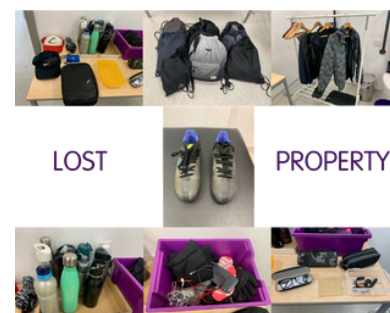


HOLIDAY FORMS

If you need to request an authorised absence from school, for example for holidays, attending family funerals, etc Parents will now need to complete an online google form. This should make it easier for parents to complete. The link for the form is [here](#).

Lost Property

All lost property is kept in the hygiene room (next to first aid). If your child(ren) has lost anything, please ask them to collect anything that belongs to them. Thank you.



UPCOMING DATES



Date	Activity	Year Group
Thursday 28th March	Last Day of Term	All Years
Friday 29th March	Ski Trip Departs	Year 8 & 9
Saturday 6th April	Ski Trip Returns	Year 8 & 9
Monday 15th April	Summer Term 1 Begins	All Years
Thursday 25th April	Year 7 Parents Evening	Year 7
Friday 26th April	Winchester Science Centre Trip	Year 7

TERM DATES FOR THIS ACADEMIC YEAR

PLEASE CLICK [HERE](#) TO VIEW TERM DATES FOR THIS ACADEMIC YEAR (2023-2024).



EXTRA CURRICULAR CLUBS

Please find attached next half term's Extra Curricular timetable. Students are still welcome to join any club that they haven't already signed up to even if they have already begun Summer Term 1

SUMMER TERM SPORTS CLUBS

Summer Term Sports Clubs 3-4pm

w/c Monday 15th April

Monday	Tennis - JEM Tennis Club (external 12 sessions - £24) Cricket - Mr Hughes/ & Mr Dart
Tuesday	Athletics - PE Dept Basketball - Outlet Basketball Club [external booking]
Wednesday	Multi Rounders - Miss Andrews
Thursday	Staff Meetings
Friday	[Redacted]

Care Opportunity Quality

ONLINE SAFETY - Top Tips for...

MANAGING SCREEN TIME

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts – so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

BUY MILK

GET OUT AND ABOUT

If the weather's decent, spend some time in the garden or go for a walk. Even a stroll to the local shop would do: the main thing is getting some fresh air and a break from your screen.

TRY A TIMED TRIAL

When you're taking a screen break to do a different activity or a chore, turn it into a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX

Challenge yourself and your family to take time off from screens, finding other things to do. You could start off with half a day, then build up to a full day or even an entire weekend.

LEAD BY EXAMPLE

Let your family see you successfully managing your own screen time. You'll be showing them the way, and it might stop some of those grumbles when you do want to go online.

AGREE TECH-FREE ZONES

Nominate some spots at home where devices aren't allowed. Anywhere your family gathers together, like at the table or in the living room, could become a 'no phone zone'.

HOLD A SCREEN TIME AMNESTY

As a family, agree specific windows when it's OK to use devices. This should help everyone to balance time on phones or gaming with enjoying quality moments together.

BE MINDFUL OF TIME

Stay aware of how long you've been on your device for. Controlling how much time you spend in potentially stressful areas of the internet – like social media platforms – can also boost your wellbeing.

'PARK' PHONES OVERNIGHT

Set up an overnight charging station for everyone's devices – preferably away from bedrooms. That means less temptation for late-night scrolling.

SWITCH ON DND

Research shows that micro-distractions like message alerts and push notifications can chip away at our concentration levels. Put devices on 'do not disturb' until you're less busy.

TAKE A FAMILY TECH BREAK

Set aside certain times when the whole family puts their gadgets away and enjoys an activity together: playing a board game, going for a walk or just having a chat.

SOCIALISE WITHOUT SCREENS

When you're with friends, try not to automatically involve phones, TVs or other tech. Having company can be loads more fun if your attention isn't being split.

WIND DOWN PROPERLY

Try staying off phones, consoles, tablets and so on just before you go to sleep. Reading or just getting comfy in bed for a while can give you a much more restful night.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to organisations and local authorities – empowering school leaders with the knowledge and tools to shape their settings into inclusive where the mental health of pupils and personnel is prioritised.



DEVICE BOX

The National College

NOS National Online Safety
#WakeUpWednes

@natonlinesafety

/NationalOnlineSafety

@nationalonlinesafety

@national_online_sc

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 03.01.2023





Funded by
UK Government

**SKILLS
FOR LIFE**
MULTIPLY



Step back in time to Anglo-Saxon Winchester!



The Multiply team are hosting a FREE family fun session with an Anglo-Saxon theme. Come along and join in with some maths related, interactive activities.

Date: 4th April, 2024

Time: 2pm onwards

Venue: 878 AD, The Brooks Shopping Centre, Upper Level, Upper Brook Street, Winchester, SO23 8QY

Eligibility: The event is free for families with children aged 6 and over. Unfortunately we cannot accommodate babies. At least one of the adults attending must NOT hold a GCSE grade 4/C or above or a Level 2 maths qualification to be eligible.

Contact

If you would like to reserve a place, please email multiply@hants.gov.uk
Places will be allocated on a first-come first-served basis due to limited spaces.



Hampshire
County Council

multiply@hants.gov.uk

EASTLEIGH ACTIVE

EASTER PROGRAMME

Spring into action this Easter break

Activities for five to 16 year-olds

3 - 5 April and 10 - 12 April

FREE SWIMMING

ACTIVITY SESSIONS
JUST £3.50
(conc. available)

Book now: eastleigh.gov.uk/eastleighactive

Sessions only £1 for households in receipt of Housing Benefit or Council Tax Support



EASTLEIGH BOROUGH COUNCIL

SportWorks

Calling all adventure enthusiasts and community champions in Hedge End and Botley!

13th Itchen North Scout Group are on the lookout for passionate volunteers ...*experience optional!*

We provide:

- ✓ Full training
- ✓ DBS checks
- ✓ First Aid certification
- ✓ Free leaders shirt

- FREE CAMPS FOR LEADERS
- FLEXIBLE HOURS
- BOOST YOUR CV
- MAKE A DIFFERENCE
- INSPIRE & GUIDE

Contact Sarah Kinloch,
Group Scout Leader:
gsl.13itchennorthscouts@gmail.com

BEAVERS cubs scouts
Ages 6-8 Ages 8-10½ Ages 10½-14

13th Itchen North Scout Group



Southampton Coalporters Rowing Club

Rowing taster sessions

Tuesday 2nd April from 10am

Northam Road, Southampton, SO14 0QE

The chance to experience rowing for yourself

- Free of charge
- No rowing experience necessary
- Applicants should ideally be over 176cm (f) or 188cm (m)
- See if you could be the next star for GB

For info or to apply, email ben.reed@britishrowing.org